

Low Cost Dental Clinics In Macomb County

My Community Dental Centers—Warren

27690 Van Dyke Ave, Warren, MI 48093
(586) 759-2326

- Located in the Macomb County Health Department's Warren office
- Takes Medicaid, Healthy Kids Dental and many more
- Fees based on income
- Discount for military veterans

MyCare Health Center—Centerline

6900 10 Mile Road Center Line, MI 48015
(586) 467-0980

- Takes Medicaid, Healthy Kids Dental and many more
- Fees based on income
- Evening and weekend appointments

Community First Health Center—New Haven

58144 Gratiot Ave, New Haven, MI 48048
(586) 749-8002

- Takes Medicaid, Healthy Kids Dental and many more
- Fees based on income
- Evening and weekend appointments

Baker College School of Dental Education— Clinton Township

34401 S. Gratiot Ave., Clinton Township, MI 48035
(586) 790-5238

- Very low-cost dental hygiene services
- Open to everyone - children, adults, veterans and seniors
- Pay at time of appointment — takes cash, credit cards and checks

**Oral health is an important part of your
health and well-being.**

Oral Health for Adults

Taking care of your teeth is important, no matter how old you are. Adults can get cavities and gum disease that can lead to serious problems if oral health is ignored. Seeing a dentist two times a year is just as important for adults as it is for children.



Tips to keep your teeth and gums healthy:

- Brush two times a day with fluoride toothpaste and a soft toothbrush to remove dental plaque and food
- Clean in between your teeth with floss, a small in between the teeth brush or pick, or a water flosser
- Eat a healthy diet including vegetables, fruits, lean meats and whole grains
- Limit sticky, sugary foods and sugary drinks
- Don't use tobacco or alcohol
- Tell your dentist about any medical conditions you have or medications you take

Using tobacco and alcohol can cause oral cancer. Dentists and hygienists can check your mouth for oral cancer signs during a regular check-up.



Find MI CARE—Free and Low Cost Care Finder

Plug in your address and receive phone numbers, locations, hours, maps and directions.

<http://www.findmicare.org/>

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