

# TOTAL HEALTH SYSTEMS

## Multi-Specialty Clinic

Chiropractic • Medical • Physical Therapy • Massage • Nutrition • Fitness

Center Line 586.756.7670 • Chesterfield 586.949.0123  
Clinton Township 586.228.0270 • St. Clair Shores 586.772.8560  
Washington 586.781.0800  
TotalHealthSystems.com

### School Health Team Event Contact Information

(Please fill out information below if you are interested in having Total Health Systems at your school for various screenings)  
Please contact Anne Gallagher, Marketing Director, Total Health Systems at (586) 349-1055 to set up your screening/event or email [agallagher@totalhealthsystems.com](mailto:agallagher@totalhealthsystems.com)

Name of School \_\_\_\_\_

Address \_\_\_\_\_

City, zip \_\_\_\_\_

Contact person: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address \_\_\_\_\_

Type of Screening \_\_\_\_\_

Date/time (Mon, Wed, Thus, Fri preferred) \_\_\_\_\_

Grade \_\_\_\_\_ # of students \_\_\_\_\_

### Free Screenings, Seminars & Preventative Health Services provided

- Posture Mobile** for students, teachers, parents
  - iPad digital screening of postural and functional movement assessments, analysis, scoliosis evaluation
- Mobile chair massage for Teacher/Staff Appreciation:** Mobile chair massage done by licensed massage therapists during your lunch hour or before/after school, no charge for this service.
- Health seminars:** Seminar topics given by our chiropractors, athletic trainers, wellness and weight management nurse on staff that include:
  - Headaches
  - 6 essentials to optimize your health
  - Low back pain
  - Detoxification/Nutrition
  - Stress/Nutrition
  - Ergonomics in the workplace
  - Optimal Health and Wellness Series